North American Society for Psychosocial Obstetrics & Gynecology

NASPOG

2012 Annual Meeting Program

April 22-25, 2012

Renaissance Hotel - Providence, Rhode Island

This conference is supported in part by educational grants from Pfizer Inc. and Teva Pharmaceutical Industries Ltd.
**PROGRAM**

All sessions will be in the Symphony Ballroom unless otherwise noted.

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**SUNDAY, April 22, 2012**

12:00noon – 6:00pm  
Registration

1:00 – 5:00pm  
**Marcé Society Symposium:**  
SSRIs During Pregnancy and Liability Issues - *Chair: Katherine Wisner*

- 1:00 – 1:15pm: Welcome from Marcé Society Leadership
- 1:15 – 2:00pm: Epidemiologic Evidence  
  Tina Chambers, PhD, University of California, San Diego
- 2:00 – 2:45pm: SSRI Treatment During Pregnancy: What is the “Exposure”?  
  Katherine L. Wisner, MD, MS, University of Pittsburgh
- 2:45 - 3:00pm: Break
- 3:00 – 3:45pm: Medicolegal Considerations for Drug Prescribing (or not prescribing!) in Pregnancy  
  Patricia Recupero, MD, JD, Butler Hospital and Brown University
- 3:45 – 4:30pm: Risk vs Benefit Decisions in Clinical Care  
  Kimberly Yonkers, MD, Yale University
- 4:30 - 5:00pm: Panel Discussion

5:00 - 7:00pm  
**Welcome Reception**  
Terrace Restaurant  
Please join us for refreshments and a chance to meet with other meeting attendees.

6:00 - 7:30pm  
**NASPOG Executive Board Meeting**  
Board Room

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**MONDAY, April 23, 2012**

7:00 – 5:30pm  
Registration

7:00 – 8:00am  
CONTINENTAL BREAKFAST  
Symphony Foyer

8:00am – 11:45am  
**NASPOG Symposium:**  
Body Image and Gynecology - *Chair: Sarah Fox*

- 8:00 – 8:15am: Opening Remarks – NASPOG President Teri Pearlstein, MD
- 8:15 – 9:00am: Genital Cosmetic Surgery in the United States  
  Melissa Huggins, MD, Women & Infants Hospital, Providence
- 9:00 – 9:45am: Genital Cosmetic Surgery, a European Approach  
  Marieke Paarlberg, MD, PhD, The Netherlands (ISPOG)
- 9:45 – 10:30am: Body Dysmorphic Disorder  
  Katherine Phillips, MD, Rhode Island Hospital and Brown University
- 10:30 – 11:00am: DISCUSSION
- 11:00 – 11:45am: Transgender Health Issues  
  Michelle Forcier, MD, Hasbro Hospital and Brown University
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>11:50am – 1:00pm</td>
<td><strong>NASPOG Luncheon Lecture – Advances in Reproductive Endocrinology and Infertility</strong></td>
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<td>Speaker: Gary Frishman, MD, Women &amp; Infants Hospital and Brown University</td>
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<td><strong>Symphony Ballroom</strong></td>
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<td>1:15pm – 4:15pm</td>
<td><strong>NASPOG Symposium:</strong></td>
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<td><strong>Vulvar Disease &amp; Chronic Pelvic Pain - Chair: Beth Prairie</strong></td>
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<td>1:15 – 2:00pm</td>
<td>Chronic Pelvic Pain</td>
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<td>Speaker: Sarah Fox, MD, Women &amp; Infants Hospital and Brown University</td>
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<td>2:00 – 2:45pm</td>
<td>Vulvar Disease</td>
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<td>Speaker: Lynette Margesson, MD, Dartmouth-Hitchcock Medical Center</td>
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<td>2:45 – 3:00pm</td>
<td><strong>BREAK</strong></td>
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<td>3:00 – 3:45pm</td>
<td><strong>MBSR and Chronic Pelvic Pain</strong></td>
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<td>Speaker: Ellen Flynn, MD, Women’s Medicine Collaborative and Brown University</td>
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<td>3:45 – 4:15pm</td>
<td><strong>Panel Discussion</strong></td>
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<td>Prof. Dr. med. Johannes Bitzer, Universitätsspital Basel (ISPOG)</td>
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<td>4:30 - 5:30pm</td>
<td><strong>Steiner Young Investigator Symposium - Chair: Meir Steiner, MD, PhD</strong></td>
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<td><strong>Symphony Ballroom</strong></td>
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<td>4:30 – 4:45pm</td>
<td><strong>Steps to Improve the Pregnancy and Childbirth Experiences of Physically Disabled Women</strong></td>
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<td>Speaker: Lesley Tarasoff, MA, Dalla Lana School of Public Health, University of Toronto</td>
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<td>4:45 – 5:00pm</td>
<td><strong>Significant Group Differences in Epstein Barr Virus Antibodies and Perceived Stress,</strong></td>
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<td>but not C-Reactive Protein in Women With Major Depression During Pregnancy</td>
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<td>Speaker: Jacqueline Gollan, Ph.D., Northwestern University, Feinberg School of Medicine,</td>
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<td>Department of Psychiatry and Behavioral Sciences, Chicago</td>
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<td>5:00 – 5:15pm</td>
<td><strong>The Impact of Maternal Obesity and Depression on Early Infant Behavior</strong></td>
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<td>Speaker: Marion E. Young, PhD, Brown Center for the Study of Children at Risk, Providence</td>
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<td>5:15 – 5:30pm</td>
<td><strong>How Are Women with Bipolar Disorder Treated?</strong></td>
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<td>Speaker: Kara Driscoll, MD, University of Pittsburgh</td>
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<td>5:30 - 6:30pm</td>
<td><strong>POSTER SESSION and RECEPTION</strong></td>
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<td><strong>Haydn / Handel Rooms</strong></td>
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<td>6:30 - 8:00pm</td>
<td><strong>Reproductive Psychiatry Listserv Group Meeting</strong></td>
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<td>Chair: Adrienne Einarson, RN, Motherisk Program, Toronto, Ontario, Canada</td>
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<td>6:30 - 8:00pm</td>
<td><strong>International Society of Obstetrics and Gynaecology (ISPOG) Educational Conference:</strong></td>
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<td>How can ISPOG Facilitate Psychosomatic Education in the Field of Ob/Gyn?</td>
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<td>Chairs: Carlos Damonte Khoury, MD, Alicante, Spain and Sibil Tschudin, MD, Basel, Switzerland</td>
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<td><strong>Free evening</strong></td>
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TUESDAY, April 24, 2012

7:00 – 5:00pm  Registration
7:00 – 8:00am  CONTINENTAL BREAKFAST
Symphony Foyer

8:00am – 12:00noon  Marcé Society Symposium: Neonatal Effects of Substance Abuse and Treatments and Perinatal PTSD - Chair: Margaret Howard
Symphony Ballroom

8:00 – 8:15am  Welcome Remarks
8:15 – 9:00am  The MOTHER study
Amy Salisbury, PhD, Brown Center for the Study of Children at Risk, Providence

9:00 – 9:45am  Methadone Dosing during Pregnancy and Neonatal Withdrawal
Debra Bogen, MD, University of Pittsburgh

9:45 - 10:00am  BREAK
10:00 – 10:45am  Substance Using Mothers, Child and Adolescent Development: An Update
Barry Lester, PhD, Brown Center for the Study of Children at Risk, Providence

10:45 – 11:30am  Perinatal Post-traumatic Stress Disorder
Pauline Slade, PhD, Sheffield, UK (ISPOG)

11:30am - 12:00noon  Panel Discussion

12:15 - 1:30pm  NASPOG Luncheon Lecture –
Treatment of Mood Disorders During Pregnancy: Lessons from Two Decades
Speaker: Lee Cohen, MD, Massachusetts General Hospital and Harvard University

1:45 – 5:30pm  NASPOG Symposium:
Menopause - Chairs: Hadine Joffe and Claudio Soares
Symphony Ballroom

1:45 – 2:30pm  Mood and Menopause
Claudio Soares, MD, PhD, McMaster University

2:30 – 3:15pm  Sleep and Menopause
Hadine Joffe, MD, Massachusetts General Hospital and Harvard University

3:15 – 3:30pm  Discussion
3:30 – 3:45pm  BREAK
3:45 – 4:30pm  Sexual Function and Menopause
Jan Shifren, MD, Massachusetts General Hospital and Harvard University

4:30 – 5:15pm  Hot Flashes and Menopause
Kathryn Martin, MD, Massachusetts General Hospital and Harvard University

5:15 – 5:30pm  Panel Discussion

5:45 – 6:45pm  Special Tour of the Mother-Baby Perinatal Psychiatric Partial Hospital at Women & Infants Hospital
Pre-registration Required
The Day Hospital is about a 5 minute ride from the Renaissance Hotel. A free shuttle will provide transportation from the front of the hospital and back again after the tour.
Attendance is limited and RSVP was required by April 13, 2012.
Info: Melissa Angell - MAngell@wihri.org – 401-453-7955

7:00 - 9:00pm  Paul C. Weinberg Memorial Lecture and Dinner
The Ballet: Perfection and Pitfalls: Effects on Reproduction and Bone
Michelle Warren, MD, Columbia University

Ticket Purchase Required
**WEDNESDAY, April 25, 2012**

7:00 – 1:00pm  
Registration

7:00 – 8:00am  
CONTINENTAL BREAKFAST

*Symphony Foyer*

8:00 - 9:30am  
**NASPOG and ISPOG Presents!** - *Chair: Susan G. Kornstein*

*Symphony Ballroom*

  8:00 – 8:15am  
The Emotional Well-Being in Women with Pelvic Organ Prolapse  
Chiara Ghetti, MD, University of Pittsburgh

  8:15 – 8:30am  
**Teaching Clinical Leadership: A Paradox?**  
Harry B.M. van de Wiel, PhD, University of Groningen, The Netherlands (ISPOG)

  8:30 – 8:45am  
Body Image: The Golden Key for Mental Health in Girls and Women!  
Empowerment Programs in Vienna  
Beate Wimmer-Puchinger, Women’s Health Commissioner, Vienna, Austria (ISPOG)

  8:45 – 9:00am  
**Mother-child Relationship and Breastfeeding after IVF**  
Prof.Dr.med. Heribert Kentenich, Fertility Center Berlin, Germany (ISPOG)

  9:00 – 9:15am  
Suicidal Ideation Revealed on the Edinburgh Postnatal Depression Scale: Clinical Correlates and Implications for Screening  
Jo Kim, PhD, NorthShore University HealthSystem & Univ of Chicago Pritzker School of Medicine

  9:15 – 9:30am  
A Prospective Study of Adolescent Mothers and Postpartum Depression: Examining the Risk  
Samantha Meltzer-Brody, MD, MPH, University of North Carolina, Chapel Hill

9:30 - 9:45am  
**BREAK**

9:45 – 11:30 am  
**NASPOG Symposium:**

*Symphony Ballroom*

  9:45 – 10:20am  
**ISPMD Consensus Guidelines**  
Prof. Shaughn O’Brien, Keele University, UK (ISPOG)

  10:20 – 10:50am  
**Advances in Measurement**  
Meir Steiner, MD, PhD, McMaster University

  10:50 – 11:30am  
**Presidential Address: Treatment of PMDs**  
Teri Pearlstein, MD, Women’s Medicine Collaborative and Brown University

11:30am – 12:00noon  
**HOTEL CHECK OUT**

12:00noon - 1:00pm  
**LUNCH and NASPOG Annual Business Meeting**

*Symphony Ballroom*

1:15 – 3:45pm  
**NASPOG Symposium:**

*Symphony Ballroom*

  1:15 – 1:45pm  
**Overview of Complementary & Alternative Medicine** - *Chair: Marlene Freeman*

    - Overview of Complementary & Alternative Therapies: Highlights from the APA Task Force on CAM  
      Marlene Freeman, MD, Massachusetts General Hospital and Harvard University

    - **Light Therapy in Pregnancy and Postpartum**  
      Katherine L. Wisner, MD, MS, University of Pittsburgh

    - **Teaching Fish About Water:**  
      Conceptual Foundations of Mindfulness in Reducing Bother from VMS  
      James Carmody Ph.D., University of Massachusetts Medical School

    - **Yoga for Mood During Pregnancy**  
      Cynthia Battle, PhD, Butler Hospital and Brown University

  1:45 – 2:15pm  
**PANEL DISCUSSION**

3:45 – 4:00pm  
**Closing Remarks** - *President: Teri Pearlstein, MD*