### FRIDAY, April 20, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30am – 5:00pm</td>
<td>Registration</td>
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<tr>
<td>7:30 – 8:30am</td>
<td>CONTINENTAL BREAKFAST</td>
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<td>8:30 – 9:00am</td>
<td><strong>President’s Welcome &amp; Intro to NASPOG 2018</strong></td>
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<td>NASPOG President – C. Neill Epperson, MD, University of Pennsylvania</td>
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<td></td>
<td>The Lifespan Approach to Women’s Reproductive and Behavioral Health</td>
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<td>9:00 – 10:30am</td>
<td><strong>Symposium: Psycho-Oncofertility: A Multidisciplinary Perspective</strong></td>
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<td><em>Chair &amp; Moderator:</em> Lindsay Sortor, PsyD, University of Pennsylvania</td>
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<td></td>
<td>- PRESENTATION OF MONICA’S CASE</td>
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<td>- MONICA’S CASE: AN ONCOLOGY PERSPECTIVE</td>
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<td></td>
<td>David Silver, MD, University of Pennsylvania</td>
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<td>- MONICA’S CASE: A REPRODUCTIVE ENDOCRINOLOGY PERSPECTIVE</td>
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<td>Clarisa Gracia, MD, MSCE, University of Pennsylvania</td>
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<td>- MONICA’S CASE: A PSYCHOLOGICAL PERSPECTION</td>
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<td>Deborah Seagull, PhD, Private Practice</td>
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<td>- MONICA’S CASE: A PSYCHIATRIC PERSPECTION</td>
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<td></td>
<td>Eleanor Anderson, MD, University of Pennsylvania</td>
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<td>10:30 – 10:45am</td>
<td>BREAK</td>
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<td>10:45 – 12noon</td>
<td><strong>Symposium: From the Pill to PCOS: Gonadal Steroids and Mood Symptoms Across the Reproductive Lifespan</strong></td>
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<td><em>Chairs: C. Neill Epperson, MD and Liisa Hantssoo, PhD, University of Pennsylvania</em></td>
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<td>- EXPLORING A ROLE FOR GABAERGIC NEUROSTEROIDS IN PREMENSTRUAL DYSPHORIC DISORDER VIA ACOUSTIC STARTLE RESPONSE</td>
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<td></td>
<td>Liisa Hantssoo, PhD, University of Pennsylvania</td>
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<td>- THE ROLE OF ALLOPREGNANOLONE IN PERINATAL MOOD AND ANXIETY DISORDERS</td>
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<td>Lauren M. Osborne, MD, The Johns Hopkins University School of Medicine</td>
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<td>- NEUROENDOCRINE DYSREGULATION AND DEPRESSIVE AND ANXIETY SYMPTOMS IN POLYCYSTIC OVARY SYNDROME (PCOS)</td>
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<td>Anuja Dokras, MD, PhD, University of Pennsylvania</td>
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<td>- HORMONAL CONTRACEPTION AND RISK OF MOOD SYMPTOMS</td>
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<td>Courtney Schreiber, MD, University of Pennsylvania</td>
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<td>12noon – 12:15pm</td>
<td>COLLECT LUNCHES</td>
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<td>12:15 – 1:15pm</td>
<td>Luncheon Lecture: Brexanolone iv, a GABA-A Receptor Modulator, in the Treatment of Postpartum Depression: Review of Clinical Studies</td>
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<td><em>Speaker:</em> Samantha Meltzer-Brody, MD, MPH, University of North Carolina Chapel Hill</td>
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<td>1:30 – 2:45pm</td>
<td><strong>Symposium: Novel Psychosocial Interventions to Address Perinatal Mental Health Among Hard to Reach Populations</strong></td>
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<td><em>Chair:</em> Pamela A. Geller, PhD, Drexel University</td>
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<td>- INTRODUCING A NOVEL TREATMENT APPROACH TO REDUCE DEPRESSION IN MUSLIM WOMEN EXPERIENCING INFERTILITY</td>
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<td>Mona Elghoaili, MS, Drexel University</td>
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<td>- INTEGRATING PSYCHOTHERAPY INTO A PRENATAL CARE CLINIC: INCREASING ACCESS AND IMPROVING SYMPTOMS</td>
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<td>Sara L. Kornfield, PhD, University of Pennsylvania</td>
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<td>- PARENTAL STRESS: RESULTS FROM THE NEWBORN/INFANT INTENSIVE CARE UNIT (N/IICU) PARENT SURVIVAL GUIDE INTERVENTION</td>
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<td>Chavis A. Patterson, PhD, The Children’s Hospital of Philadelphia and University of Pennsylvania</td>
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<td>- BE HERE &amp; NOW IN THE NICU – A PILOT STUDY</td>
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<td>Christina DiSanza, MA, Drexel University</td>
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FRIDAY, April 20, 2018 - continued

2:45 – 4:00 pm  
**Symposium: Intersection of Trauma, Mental Health and Perinatal Health**  
*Chair:* Yael I. Nillni, PhD, National Center for PTSD, Women’s Health Sciences Division at VA Boston Healthcare System and Boston University  
• **THE ROLE OF TRAUMA, STRESS, AND MENTAL HEALTH ON PREGNANCY OUTCOMES AMONG WOMEN VETERANS FOLLOWING SEPARATION FROM MILITARY SERVICE**  
  Yael I. Nillni, PhD, VA Boston Healthcare System and Boston University  
• **POSTTRAUMATIC STRESS SYNDROME INDUCED CHILDBIRTH: CURRENT RESEARCH AND FUTURE DIRECTIONS**  
  Sharon Dekel, PhD, Massachusetts General Hospital and Harvard Medical School  
• **PREVALENCE AND IMPACT OF EARLY ADVERSITY ON MATERNAL MENTAL HEALTH AND PARENTING CAPACITY**  
  Helen Kim, MD, Mother-Baby Program, Hennepin County Medical Center  
• **MOM POWER: A MULTI-FAMILY INTERVENTION FOR MOTHERS WITH CHILDHOOD TRAUMA HISTORIES AND THEIR YOUNG CHILDREN AIMED TO SUPPORT MENTAL HEALTH AND PARENTING**  
  Maria Muzik, MD, University of Michigan

4:00 - 4:15 pm  
**BREAK**

4:15 - 5:15 pm  
**Steiner Young Investigator Symposium**

4:15 – 4:30 pm  
**ANXIETY DISORDER SYMPTOMS IN THE PERINATAL PERIOD: STRUCTURE AND RISK FACTORS**  
Michelle Miller, MA, University of Iowa

4:30 – 4:45 pm  
**IDENTIFYING NICU PARENTS AT-RISK FOR STRESS AND FAMILY BURDEN: A HIERARCHICAL CLUSTER ANALYSIS**  
Victoria Grunberg, MS, Drexel University

4:45 – 5:00 pm  
**META-ANALYSIS OF PRENATAL ANTIDEPRESSANT EXPOSURE AS RISK FACTOR FOR AUTISM: IMPACT OF COMPARISON GROUP DEFINITION**  
Monica Vega, MD, University of Miami/Jackson Memorial Hospital

5:00 – 5:15 pm  
**USING SOCIAL MEDIA TO RECRUIT HARD-TO-REACH POPULATIONS**  
Mona Elgohail, MS, Drexel University

6:15 – 10:00 pm  

SATURDAY, April 21, 2018

7:30 – 5:30pm  
Registration

7:30 – 9:00am  
**CONTINENTAL BREAKFAST**

7:30 - 9:00am  
**Breakfast Interest Groups**  
Topics TBD

9:15 – 10:15am  
**Symposium: Harnessing Technology to Address Substance Abuse in the Perinatal Period**  
*Chair:* Ariadna Forray, MD, Yale School of Medicine

• **ELECTRONIC- AND CLINICIAN-DELIVERED SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT FOR WOMEN IN REPRODUCTIVE HEALTHCARE CENTERS: A RANDOMIZED CLINICAL TRIAL**  
  Steven Ondersma, PhD, Wayne State University School of Medicine

• **THE USE OF TELMEDICINE IN THE TREATMENT OF PERINATAL OPIOID USE DISORDER**  
  Constance Guille, MD, Medical University of South Carolina

• **SMARTPHONE DELIVERED ATTENTIONAL BIAS MODIFICATION FOR POSTPARTUM SMOKING RELAPSE**  
  Ariadna Forray, MD, Yale School of Medicine
10:15 – 10:30am  
**Symposium: Integrated Behavioral Health for Women in Medical Settings**  
*Chairs: Teri Pearlstein, MD and Snezana Milanovic, MD, MSc*  
- **INTEGRATED BEHAVIORAL HEALTH: OVERVIEW**  
  Teri Pearlstein, MD, Alpert Medical School of Brown University and Women’s Medicine Collaborative, Lifespan  
- **RESULTS OF AN INTEGRATED BEHAVIORAL HEALTH SERVICE IN A WOMEN’S PRIMARY CARE PRACTICE**  
  Margaret Bublitz, PhD, Alpert Medical School of Brown University and Women’s Medicine Collaborative, Lifespan  
- **BUILDING A PERINATAL PSYCHIATRY CLINIC WITHIN THE BOSTON MEDICAL CENTER OBSTETRICS DEPARTMENT**  
  Snezana Milanovic, MD, MSc, Boston University School of Medicine

11:30am – 1:00pm  
**Lunch & Networking**

1:00 – 2:15pm  
**Symposium: Opioid Use During Pregnancy and Postpartum: Novel Strategies for Integration and Engagement**  
*Chair: Leena Mittal, MD, Brigham and Women’s Hospital and the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms*  
- **MCPAP FOR MOMS: SUPPORTING PROVIDERS IN ADDRESSING PERINATAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS**  
  Leena Mittal, MD, Brigham and Women’s Hospital and MCPAP for Moms  
- **PROJECT RESPECT: A LONGSTANDING MODEL OF INTEGRATED INPATIENT AND OUTPATIENT CARE OF PREGNANT AND POSTPARTUM WOMEN WITH OUD IN AN OBSTETRIC SETTING**  
  Kelley Saia, MD, Boston Medical Center  
- **THE DARTMOUTH-HITCHCOCK CENTER FOR ADDICTION RECOVERY IN PREGNANCY AND PARENTING (CARPP): LEVERAGING A SUCCESSFUL CLINICAL PROGRAM TO SUPPORT DISSEMINATION OF INTEGRATED CARE MODELS FOR PERINATAL SUBSTANCE USE DISORDERS**  
  Julia Frew, MD, Dartmouth Hitchcock Medical Center  
- **THE GREEN CLINIC FOR PREGNANCY AND RECOVERY: INTEGRATED OBSTETRICS AND ADDICTION CARE**  
  Katherine M Callaghan, MD, UMass Medical School

2:15 – 2:30pm  
**BREAK**

2:30 – 3:30pm  
**Symposium: Challenges of Infertility and its Treatment: From Obesity as a Potential Cause to Issues with Sexuality and Psychological Consequences**  
*Chairs: Vesna Pirec MD, PhD ERC, Insight at Chicago and Aga Grabowski, MA LCSW, Wildflower Center for Emotional Health*  
- **FEMALE INFERTILITY AND OBESITY: RECOGNITION AND TREATMENT OF ENDOCRINE COMPLEXITY AND PSYCHIATRIC COMORBIDITIES IN AFFECTED PATIENTS**  
  Vesna Pirec MD, PhD ERC, Insight at Chicago  
- **INFERTILITY AND SEXUALITY: DETECTION, ASSESSMENT AND TREATMENT OF COMMON SEXUAL CONCERNS IN INFERTILE PATIENTS**  
  Aga Grabowski, MA, LCSW, Co-founder and psychotherapist, Wildflower Center for Emotional Health  
- **PSYCHOLOGICAL STRESS AND INFERTILITY. IS THERE A RELATIONSHIP?**  
  Ariadna Cymet Lanski, PsyD. Fertility Centers of Illinois
3:30pm – 5:30pm  NASPOG Presents
    Submitted orals

3:30 – 3:50pm  MIND2CARE: AN INNOVATIVE SCREEN-AND-ADVICE MODEL FOR PSYCHOPATHOLOGY, PSYCHOSOCIAL PROBLEMS AND SUBSTANCE ABUSE DURING PREGNANCY
K. Marieke Paarlberg, MD PhD, Obstetrician-Gynecologist, I. de Kruijff, MD, Pediatrician, and A.W.M.M. Stevens, MD, Psychiatrist, The Netherlands

3:50 – 4:10pm  SUNNYSIDE: UTILIZATION OF GROUP SUPPORT TO INCREASE ADHERENCE TO ONLINE PERINATAL DEPRESSION PREVENTION
Jennifer Duffecy, PhD, University of Illinois at Chicago

4:10 – 4:30pm  INTIMATE PARTNER VIOLENCE AMONG PREGNANT WOMEN WITH OPIOID USE DISORDER
Chelsea Pallatino, PhD, MPH, Magee-Womens Research Institute, University of Pittsburgh, Magee-Womens Hospital

4:30 – 4:50pm  BRAIN STRUCTURE AND FUNCTION IN WOMEN WITH PREMENSTRUAL DYSPHORIC DISORDER
Sabrina K. Syan, PhD, MiNDS Neuroscience Graduate Program, McMaster University; Women’s Health Concerns Clinic and Mood Disorders Program, St. Joseph’s Healthcare

4:50 – 5:10pm  TIMING IS EVERYTHING: A REVIEW OF THE GENETICS OF POSTPARTUM DEPRESSION
Jennifer L. Payne, MD, The Johns Hopkins University School of Medicine

5:10 – 5:30pm  BRIGHT LIGHT THERAPY FOR MAJOR AFFECTIVE DISORDERS ACROSS THE LIFESPAN
Dorothy K. Sit, MD, Northwestern University Feinberg School of Medicine

5:30 - 7:00pm  POSTER SESSION and RECEPTION

Free Evening / Dinner on Own

SUNDAY, April 22, 2018

7:30 – 12noon  Registration
7:30 – 9:00am  CONTINENTAL BREAKFAST
7:30 - 9:00am  Breakfast Interest Groups
    Topics TBD

9:15 – 10:30am  Symposium: Sexual and Reproductive Health Considerations in the Care of Transgender Youth: Menstrual Regulation, Contraception, Fertility Preservation and HIV Prevention
Chair: Nadia Dowshen, MD, MSHP, Children’s Hospital of Philadelphia

- ADDITIONAL SPEAKERS:
  Aletha Y. Akers, MD, MPH, FACOG, Children’s Hospital of Philadelphia
  Jill Ginsberg, MD, Children’s Hospital of Philadelphia

10:30 – 10:45am  BREAK

10:45 – 12noon  Symposium: The Time Has Come: The Growth of Mother-Baby Day Treatment Programs in the United States
Chair: Pamela A. Geller, PhD, Drexel University

- THE DAY HOSPITAL
  Zobeida M. Diaz, MD, MS, Women’s Behavioral Health and Day Hospital Program, Women and Infants Hospital

- MOTHER BABY CONNECTIONS PROGRAM
  Pamela A. Geller, PhD, Bobbie Posmontier, PhD, CNM, PMHNP-BC, Drexel University

- THE MOTHERHOOD CENTER OF NEW YORK
  Paige Bellenbaum, LMSW, The Motherhood Center of New York

- THE MOTHER-BABY INTENSIVE OUTPATIENT PROGRAM
  Sarah Homitsky, MD, Women's Behavioral Health at Allegheny Health Network

12noon – 1:30pm  Luncheon with Speaker: Aroused: A History of Hormones and How They Control Just About Everything
Randi Epstein, MD, MPH, Author: Get Me Out: A History of Childbirth from the Garden of Eden to the Sperm Bank