

*36TH Annual Meeting  
North American Society for  
Psychosocial Obstetrics and Gynecology*

*February 10-13, 2010*

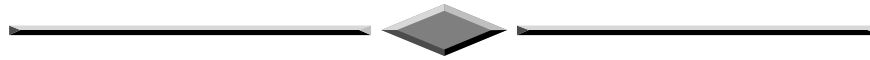
*PROGRAM*



*Richmond, Virginia  
Jefferson Hotel*

**Continuing Medical Education Credit  
is provided through joint sponsorship with  
The American College of Obstetricians and Gynecologists**

# GENERAL INFORMATION



## **Conference Objectives**

The 36th Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology (NASPOG) will provide a unique forum for interaction among leading Women's Mental Health clinicians, researchers and educators to discuss and present the latest advancements impacting the diagnosis, treatment, and prevention of Women's Mental Health Disorders and Healthcare. The meeting is designed to inform participants of the latest developments and findings in psychosocial women's health research. Topics will focus on research in the areas of: Ethical Considerations in Pregnancy, Innovations in Perinatal Interventions, Screening for Perinatal Depression, Diversity Issues in Reproductive Health, Psychiatric Genetics, Substance Abuse, Intimate Partner Abuse, Female Sexual Dysfunction, and Pelvic Floor Disorders.

In addition to the invited speakers and symposia, sessions will be devoted to discussions and poster presentations. At the conclusion of the program, participants should be able to: 1) Discuss ethical considerations in medical research in pregnancy; 2) Detect and manage perinatal depression; 3) Appreciate diversity issues in reproductive health, including cultural and linguistic competence and sexual orientation; 4) Demonstrate knowledge of gender differences in substance abuse; 5) Evaluate and treat female sexual dysfunction; and 6) Explain gynecologic and psychosocial aspects of pelvic floor disorders.

## **ACCME Accreditation**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American College of Obstetricians and Gynecologists (College) and the North American Society for Psychosocial Obstetrics and Gynecology (NASPOG).

## **AMA PRA Category 1 Credit(s)<sup>™</sup> and College Cognate Credit(s)**

The American College of Obstetricians and Gynecologists (College) designates this educational activity for a maximum of 16.50 AMA PRA Category 1 Credit<sup>™</sup> or up to a maximum of 16.50 Category 1 College Cognate Credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# *Program*

## **36th Annual Meeting**

**North American Society for Psychosocial Obstetrics and Gynecology**

**Wednesday, February 10 – Saturday, February 13, 2010**

**Richmond, Virginia**

**Jefferson Hotel**

### **WEDNESDAY, February 10**

- |                          |  |
|--------------------------|--|
| 11:00 am – 5:00 pm       | Conference Registration  |
| 1:00 pm - 1:15 pm        | <b>Welcome from Marce Leadership</b>   |
| <b>1:15 pm – 3:00 pm</b> | <b>SYMPOSIUM</b><br><b><i>Ethical Considerations in Pregnancy</i></b>  |
| 1:15 pm - 2:00 pm        | <b><i>Theoretical Ethics: Medical Research in Pregnancy</i></b><br>Anne Drapkin Lyerly, MD<br>Duke University        |
| 2:00 pm - 2:45 pm        | <b><i>Clinical Ethics: Medical Research in Pregnancy</i></b><br>Katherine Wisner, MD, MS<br>University of Pittsburgh |
| 2:45 pm - 3:00 pm        | BREAK  |
| <b>3:00 pm – 5:00 pm</b> | <b>SYMPOSIUM</b><br><b><i>Innovations in Perinatal Interventions</i></b>   |
| 3:00 pm - 3:30 pm        | <b><i>Interpersonal Therapy and Pregnancy</i></b><br>Margaret Spinelli, MD<br>Columbia University                    |
| 3:30 pm - 4:00 pm        | <b><i>Family Interventions for Perinatal Depression</i></b><br>Cynthia Battle, PhD<br>Brown University               |

- 4:00 pm - 4:30 pm      ***Listening Visits: A Home-Based Intervention for Perinatal Depression***  
Lisa Segre, PhD  
University of Iowa
- 4:30 pm - 5:00 pm      ***Prevention of Perinatal Depression***  
Sona Dimidjian, PhD  
University of Colorado
- 5:00 pm - 7:00 pm      Welcome Reception**
- 6:00 pm - 8:00 pm      NASPOG Executive Board Meeting**

**THURSDAY, February 11**

- 7:00 am                      Conference Registration
- 7:00 am – 8:00 am              BREAKFAST
- 8:00 am                      **Opening Remarks**  
Susan Kornstein, MD, NASPOG President  
Virginia Commonwealth University, Richmond, VA
- 8:15 am – 12 noon              SYMPOSIUM**  
***Screening for Perinatal Depression-Then What?***
- 8:15 am - 9:00 am              ***Detection and Management of Perinatal Depression***  
Mary Beth Badura, HRSA, Director of Healthy Start
- 9:00 am – 9:45 am              ***Beyond Screening: “Clinical and Statewide Models to Support Assessment and Treatment of Perinatal Depression”?***  
Laura Miller, MD  
Brigham and Women’s Hospital
- 9:45 am - 10:00 am              BREAK

- 10:00 am - 10:45 am ***Perinatal Depression Screening  
A Perspective from Obstetrics***  
Jane Engeldinger, MD and Michael O'Hara, PhD  
University of Iowa
- 10:45 am - 11:30 am ***Perinatal Depression Screening in High-Risk Women***  
Kimberly Yonkers, MD  
Yale University
- 11:30 am - 12:00 noon PANEL DISCUSSION
- 12:00 noon - 1:30 pm** **NASPOG Luncheon Lecture**  
***Psychiatric Genetic Epidemiology - A Current  
Perspective***  
Kenneth Kendler, MD  
Professor, Psychiatry and Human Genetics  
Director, Virginia Institute for Psychiatric and  
Behavioral Genetics  
Virginia Commonwealth University, Richmond, VA
- 1:30 pm – 3:00 pm** **SYMPOSIUM**  
***Diversity Issues***
- 1:30 pm - 2:15 pm ***Cultural and Linguistic Competence: Implications  
for Obstetrics and Gynecology***  
Tawara D. Goode, MA  
Georgetown University Medical Center
- 2:15 pm - 3:00 pm ***Sexual Orientation and Reproductive Health***  
Charlotte Patterson, PhD  
University of Virginia
- 3:00 pm - 3:15 pm BREAK
- 3:15 pm - 4:15 pm** ***Steiner Young Investigator's Symposium***
- 3:15 pm – 3:30 pm **Pregnancy-Associated Homicide and Suicide:  
Findings from the National Violent Death  
Reporting System**  
Christie Lancaster, MD  
University of Michigan

- 3:30 pm – 3:45 pm      **The Development and Implementation of a Perinatal Psychiatry Program in the Neonatal Intensive Care Unit (NICU)**  
Sarah Nagle-Yang, MD  
Case Western Reserve University
- 3:45 pm – 4:00 pm      **Maternal Well-Being and Adjustment Following Adoption**  
Sarah Mott  
University of Iowa
- 4:00 pm – 4:15 pm      **Uncovering Differences in Gene Expression of Estrogen Receptor Alpha and the Serotonin Transporter in Premenstrual Syndrome and Premenstrual Dysphoric Disorder**  
Sonali Lokuge  
McMaster University
- 4:30 pm - 6:30 pm      **NASPOG POSTER SESSION and RECEPTION**

**FRIDAY, February 12**

- 8:00 am                      Conference Registration
- 8:00 am – 9:00 am        BREAKFAST
- 9:00 am - 9:45 am        *Motivational Interviewing in Family Planning*  
Karen Ingersoll, PhD  
University of Virginia
- 9:45 am - 10:30 am      *Gender Differences in Substance Abuse*  
Cora Lee Wetherington, PhD  
National Institute on Drug Abuse
- 10:30 am - 11:00 am      BREAK
- 11:00 am - 11:45 am      **NASPOG Presidential Address**
- 11:45 am - 1:15 pm        **NASPOG Annual Business Meeting**

- 1:15 pm - 2:00 pm      ***Intimate Partner Abuse and Health Consequences:  
Implications for Providers***  
Phyllis Sharps, PhD, RN, CNE, FAAN  
Johns Hopkins University-School of Nursing
- 2:00 pm - 2:45 pm      ***Update on Female Sexual Dysfunction***  
Anita Clayton, MD  
University of Virginia
- 2:45 pm - 3:00 pm      BREAK
- 3:00 pm - 4:30 pm**      ***SYMPOSIUM  
Pelvic Floor Disorders***
- 3:00 pm - 3:45 pm      ***Gynecologic Management of Pelvic Floor Disorders***  
Catherine Matthews, MD  
Virginia Commonwealth University
- 3:45 pm - 4:30 pm      ***Psychosocial Aspects of Pelvic Floor Disorders***  
Chiara Ghetti, MD  
University of Pittsburgh, Magee Womens Hospital
- 7:00 pm - 9:00 pm**      **Paul C. Weinberg Memorial Lecture and Dinner  
*Screening for Peripartal Depression***  
**Gerald F. Joseph Jr., MD**  
President, American College of Obstetricians and  
Gynecologists  
Senior Consultant, Obstetrics and Gynecology,  
Ochsner Clinic Foundation, Covington, LA  
Clinical Assistant Professor, Louisiana State  
University and Tulane University, New Orleans, LA

**SATURDAY, February 13**

- 8:00 am – 9:00 am            BREAKFAST
- 9:00 am – 10:30 am            *NASPOG Presents! Scientific Abstracts***
- 9:00 am – 9:15 am            **Androgen Antagonist Relieves PMDD Symptoms**  
Margaret Altemus, MD  
Weill Medical College, Cornell University
- 9:15 am – 9:30 am            **A Newly Developed Obstetric Clinic-Based  
Psychotherapeutic Treatment for Perinatal Major  
Depressive Disorder**  
Heather Flynn, PhD  
University of Michigan
- 9:30 am – 9:45 am            **Implementation of a Harm-Reduction Model for  
Clinical Care of Substance-Using Pregnant Women**  
Tricia Wright, MD  
University of Hawaii
- 9:45 am – 10:00 am            **Neurodevelopment of Children Exposed In Utero to  
Venlafaxine: Preliminary Results**  
Irena Nulman, MD, PhD  
The Hospital for Sick Children  
Toronto, Ontario, Canada
- 10:00 am – 10:15 am            **Pregravid Obesity and Psychosocial Covariates  
Adversely Affect Body Image, Mood and  
Breastfeeding Continuation**  
D. Yvette LaCoursiere, MD, MPH  
University of California, San Diego
- 10:15 am – 10:30 am            **Body Image Themes in Women with Pelvic Organ  
Prolapse**  
Jerry Lowder, MD  
University of Pittsburgh, Magee Womens Hospital
- 10:30 am                            Closing Remarks**  
Susan Kornstein, MD, NASPOG President

# POSTERS

## Poster 1

### **Antenatal Reports of Pre-Pregnancy Abuse is Associated with Symptoms of Depression in the Postpartum Period**

Michael Silverman, PhD  
Mount Sinai Medical School

## Poster 2

### **Associations among Circadian Phase Preference, Sleep Timing, and Depressed Mood in Postpartum Women-Preliminary Results**

Katherine Sharkey, MD, PhD  
Brown University

## Poster 3

### **A Prospective Study of Predictors of Postpartum Recovery from Prenatal Depression**

Minden Sexton, PhD  
University of Michigan

## Poster 4

### **Web-Based Treatment for Infertility-Related Psychological Distress**

Minden Sexton, PhD  
University of Michigan

## Poster 5

### **Perceived Control and Labor Pain as Predictors of Maternal Childbirth Outcomes**

Natalie Stevens, MA  
University of Kansas

## Poster 6

### **Interpersonal Psychotherapy for Antepartum Depression at 3 New York City Sites**

Margaret Spinelli, MD  
Columbia University

## Poster 7

### **Prenatal Maternal Distress Across Pregnancy**

Kimberly Nysten, PhD  
University of Michigan

# POSTERS

## **Poster 8**

### **Including Partners in the Treatment of Perinatal Depression**

Anna Brandon, PhD

University of Texas, Southwestern Medical Center

## **Poster 9**

### **Survey of Ethical Challenges for IRB Directors and Investigators in Perinatal Mental Health Treatment Research**

Anna Brandon, PhD

University of Texas, Southwestern Medical Center

## **Poster 10**

### **Evaluation of a Cognitive-Behavioural Model of Postpartum Obsessive Compulsive Disorder (ppOCD)**

Nichole Fairbrother, PhD

University of British Columbia

## **Poster 11**

### **Listening Visits: Nurses' and Case Managers' Views**

Jennifer Oh

University of Iowa

## **Poster 12**

### **The Relationship Between Depression, Medication, Psychotherapy and Breastfeeding in Postpartum Women: Observations from an Outpatient Psychiatry Population**

Laurie Diehl-Lamp, MD

University of Virginia

## **Poster 13**

### **Exploring the Effects of Guided Imagery on Maternal Affective Symptoms**

Nancy Jallo, PhD

Virginia Commonwealth University

## **Poster 14**

### **Rural Residence and Risk Factors for Perinatal Depressive Symptomatology: A Canadian Pilot Study**

Lori Ross, PhD

Centre for Addiction and Mental Health, Toronto, Ontario, Canada

# POSTERS

## Poster 15

### **Using Antidepressants During Pregnancy: Impact of Information Received from Health Care Providers, Media, and Social Contacts**

Adrienne Einarson, RN

The Hospital for Sick Children, Toronto, Ontario, Canada

## Poster 16

### **Obsessional Thoughts and Compulsive Behaviors in a Sample of Women with Postpartum Depression**

Samantha Meltzer-Brody, MD, MPH

University of North Carolina

## Poster 17

### **The Hormone Withdrawal Model of Postpartum Depression: A Translational Approach**

Crystal Schiller, MA

University of Iowa

## Poster 18

### **Perceived Stress and Depression in a Diverse Group of Pregnant Immigrant Women: Preliminary Results**

Miki Peer

University of Toronto

## Poster 19

### **Mental Health Consequences of Sexual Violence in Women**

Saba Masho, MD, MPH

Virginia Commonwealth University

## Poster 20

### **Prevalence of Major Mental Illness-Comorbidities from Federally Qualified Health Centers, Certified Nurse Midwifery (CNM) Practices and a University Obstetrical Clinic**

Karen Peifer, PhD, MPH

University of Colorado

## Poster 21

### **Engaging Urban Postpartum Women in Depression Treatment: Challenges and Changes to a Collaborative Care Model**

Linda Chaudron, MD

University of Rochester

# POSTERS

## **Poster 22**

### **Maternal Attitudes, Depressive Symptoms, and Parity During Late Pregnancy and the Early Postpartum**

Laura Sockol, MA  
University of Pennsylvania

## **Poster 23**

### **Assessment and Treatment Considerations for Postpartum Depression (PPD) in Adolescent Mothers**

Zachary Meny, MA  
Midwestern University, Downers Grove

## **Poster 24**

### **A New Interdisciplinary Approach to Specialized Inpatient Perinatal Psychiatric Treatment**

Elizabeth Bullard, MD  
University of North Carolina, Chapel Hill

## **Poster 25**

### **Using PRAMS Data to Estimate Self-Reported Symptoms of Postpartum Depression in Virginia**

Joan Corder-Mabe, RNC, MS, WHNP  
Virginia Department of Health, Richmond

## **Poster 26**

### **Provider Perceptions of Addressing Perinatal Depression: The Role of Perceived Control**

Christie Lancaster, MD  
University of Michigan

## **Poster 27**

### **Preliminary Results from the Reproductive Life Stages Algorithm Project: Use of Antidepressant Medication During Pregnancy and Lactation: Development of an Evidence-Based Decision Tool**

Beverley Bouffard, PhD  
University of Toronto

## **Poster 28**

### **The Impact of Maternal Anxiety on the Parenting Experience**

Jennifer Reed  
University of Iowa

# POSTERS

## **Poster 29**

### **Effects of Premenstrual Symptoms on Cognitive Functioning-Preliminary Results**

Brianne Nicholls

McMaster University

## **Poster 30**

### **Depressed Mood, Disordered Sleep and Sexual Dysfunction in Midlife Women: A Proposed Conceptual Model**

Beth Prairie, MD, MPH

University of Pittsburgh, Magee Womens Hospital